



food
network

on Location at Mikuni!

We hope you can join us to see Bob Blumer disciplined by **Mikuni Sushi chefs!**

Starting this Saturday the Food Network series **GLUTTON FOR PUNISHMENT** will be filming at three Sacramento area Mikuni locations. Glutton host, Bob Blumer, will receive instruction on how to be a sushi chef from Taro Arai and other Mikuni chefs as he prepares to enter the California Rice Commission's Sushi Master Competition next week in San Diego. Taro will accompany Bob to the competition and serve as assistant as Bob goes up against sushi chef regional winners from across the country including California. The episode will air next spring.

We hope you will come to catch a glimpse of the action!

Taro's by Mikuni
Saturday, June 20th
Lunch

Mikuni Midtown
Sunday, June 21st
Lunch & Dinner

Mikuni Fair Oaks
Monday, June 22nd
Lunch

Filming times may vary and we cannot guarantee the production schedule.

www.mikunisushi.com

Bob Blumer loves a challenge. One week he's training for the National Oyster Shucking Contest, the next he's juggling razor-sharp knives in a crash course to become a Benihana chef. Fun, fast-paced and entertaining, this is a show for passionate foodies and armchair adventurers. Prepare for engaging stories, lots of practical information and non-stop action. Part travel, part epicurean quest, part sporting event, Bob proves that there's no distance too far and no challenge too intimidating for a genuine glutton. For more information on the show visit <http://www.gluttonforpunishment.tv>



MIKUNI
japanese restaurant & sushi bar

